



2017-2018 TRAINING GUIDE



OUR VISION

Young people across the State of Connecticut will thrive in their families, schools, communities, and personal lives as a result of prevention strategies, interventions, and public policies that reduce risks and promote positive outcomes.

OUR MISSION

The Governor's Prevention Partnership equips, empowers, and connects organizations, communities and families to prevent substance abuse, underage drinking and violence among youth and promotes positive outcomes for all young people in Connecticut.

CURRENT INITIATIVES

We serve as a source of funding, training, data, and best practices for direct service providers so we can maximize our collective impact on Connecticut's youth.

We raise public awareness, build connections, and create strong peer-to-peer relationships to promote the well-being of our young people.

- **Public Awareness.** The Partnership is a visible and vital advocate of the need for prevention services across the state. By raising key issues like the importance of securing prescription medication and the dangers of youth marijuana use, The Partnership has changed mindsets and behaviors of parents and youth alike.
- **Build Connections.** One in three youth in Connecticut could benefit from a mentor but don't have one. The Partnership works with more than 150 programs throughout the state serving 1300 young people.
- **A Peer-to-Peer Approach.** Engaging youth in peer interventions is an effective strategy and one that further engages youth in their own communities. Youth-led initiatives work to pull students along to create safer, more inclusive environments for all and help them to make better decisions.

The Partnership considers its most critical and unique leadership role to be a collaborator, a connector, and a convener on a statewide basis.



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Dear Colleagues:

The Governor's Prevention Partnership is pleased to provide you with our **Training Guide** for the 2017-2018 school year. You will find many new offerings intended to meet emerging needs identified by your responses to our focus groups, surveys and individual conversations. All of our trainings provide information, resources and tips for supporting and strengthening the health and well-being of Connecticut's youth.

Please pass this Training Guide along to others who may benefit from attending and participating in these various opportunities. There are two ways to get additional copies of this guide:

1. Download from our website at:
PreventionWorksCT.org
2. Call or email Jacqueline Farquharson, Administrative Assistant at
Jacqueline.Farquharson@PreventionWorksCT.org
860-523-8042 to receive a copy in the mail.

We look forward to meeting you at one of our trainings or events this year. In the meantime, if you would like to suggest ideas for new trainings, please call (860) 523-8042 and ask to speak with one of our program staff.

Sincerely,

Jill K. Spinetti

President and CEO

MENTORING EVENTS

Pg.	TRAINING NAME	DATE(S)	FEE
7	Designing And Building A Successful Mentoring Program	Sep. 7, 2017 May 10, 2018	\$49/person
8	Elements Of Effective Practice For Mentoring™ - Standard 1: Recruitment	Sep. 14, 2017 May 17, 2018	\$49/person
9	Elements Of Effective Practice For Mentoring™ - Standard 2: Screening	Sep. 21, 2017 May 24, 2018	\$49/person
10	Elements Of Effective Practice For Mentoring™ - Standard 3: Training	Oct. 12, 2017 Jun. 7, 2018	\$49/person
11	Elements Of Effective Practice For Mentoring™ - Standard 4: Matching And Initiating	Oct. 19, 2017 Jun. 14, 2018	\$49/person
12	Elements Of Effective Practice For Mentoring™ - Standard 5: Monitoring And Support & Standard 6: Closure	Oct. 26, 2017 Jun. 21, 2018	\$49/person
13	Understanding And Addressing Anxiety In Young People: Train The Trainer	Nov. 3, 2017 May 29, 2018	\$15/person
14	Understanding Generational Differences: Train The Trainer	Nov. 28, 2017 Jun. 26, 2018	\$15/person
15	2018 National Mentoring Month Webinar	Dec. 15, 2017	FREE
16	Mentoring In The Age Of Social Media	Feb. 9, 2018	\$49/person
17	Race, Ethnicity And Culture In Youth Mentoring	Feb. 27, 2018	\$49/person
18	The Guide to Mentoring Boys and Young Men of Color Webinar	Mar. 12, 2018	FREE
19	Advanced Mentor Recruitment	Mar. 15, 2018	\$49/person
20	Grant Writing 101	Apr. 3, 2018	\$20/person
21	Mentors As Advocates	Apr. 3, 2018	\$40/person
22	Trauma-Informed Youth Mentoring	Apr. 13, 2018	\$49/person
23	Mentoring Children With An Incarcerated Family Member	May 24, 2018	\$49/person

PREVENTION EVENTS

Pg.	TRAINING NAME	DATE(S)	FEE
25	Improve School Climate For Students With Disabilities	Fall 2017 Spring 2017	FREE
27	Current Trends In Youth Substance Use	Oct. 31, 2017 Jan. 23, 2018 Apr. 26, 2018	\$20/person
28	Bullying 101 Webinar	Nov. 13, 2017 Mar. 12, 2018	FREE
29	A Parent's Guide To Prevention Of Prescription Drug Abuse Webinar	Nov. 14, 2017 Feb. 21, 2018	FREE
30	A Parent's Guide To Prevention Of Underage Drinking Webinar	Nov. 28, 2017 Feb. 27, 2018	FREE
31	Preventing Bullying and Harassment of LGBT Youth Webinar	Dec. 4, 2017 Apr. 25, 2018	FREE
32	Not Just A Little Weed: Marijuana In The Age Of Legalization	Dec. 19, 2017 May 8, 2018	FREE



MENTORING

“Last year I have seen a huge decrease in the amount of mentors that have inquired about becoming a mentor. But at the same time, the quality of the mentors has increased. With everything that is going on in our urban communities we have seen the compassion in our mentors’ hearts to help combat numerous issues on a micro-level. More than one mentor has said ‘If only I can change one life’.”

—Nicole Casto
Mentoring Director,
The Village, Hartford, CT

DESIGNING AND BUILDING A SUCCESSFUL MENTORING PROGRAM

Many organizations like yours have recognized the value in youth mentoring as a prevention strategy, and over twelve thousand children across the state have benefited from their participation in mentoring programs. But what distinguishes a mentoring program from other youth programs, and what exactly is involved in launching one? If you are building a high-quality, effective youth mentoring program to meet the needs of young people, this training opportunity is for you!

Participants will be able to:

1. Describe the benefits of designing and planning a sustainable mentoring program
2. Design a responsive and performance-based youth mentoring program
3. Identify a mentoring program model most suitable for their organization
4. Develop and manage strategies for screening, recruiting, training, matching and monitoring the youth and their relationship
5. Incorporate the MENTOR/National Mentoring Partnership's *Elements of Effective Practice* in an interactive learning environment
6. Apply resource materials for mentor program development and volunteer management

Who Should Attend: School, business, community and faith-based mentoring staff members who are responsible for operating mentor programs and/or training mentors.

Facilitator(s):

Art Mongillo, *The Governor's Prevention Partnership*

Denise Marois, *The Governor's Prevention Partnership*

When:

Thursday, September 7, 2017

Thursday, May 10, 2018

Location: The Partnership Training Facility, 30 Jordan Lane, Wethersfield, CT

Fee for Training: \$49 per person

Registration Deadline: One day before training

ELEMENTS OF EFFECTIVE PRACTICE FOR MENTORING™

STANDARD 1: RECRUITMENT

Recruiting mentors is one of the greatest challenges facing mentoring programs. Mentors' unfulfilled expectations can lead to a premature ending to a mentoring relationship. However, a clear and concise recruitment plan can make a significant difference. This training will equip program coordinators with the skills and resources needed to develop and implement a recruitment plan to sustain programming.

Participants will be able to:

1. Identify strategies that work for recruiting mentors
2. Define the fundamental steps to develop a clear and concise recruitment plan
3. Develop recruitment strategies driven by program goals

Who Should Attend: School, business, community and faith-based mentoring staff members who are responsible for operating mentor programs and/or training mentors.

Facilitator(s):

Rebekah Behan, *The Governor's Prevention Partnership*

Denise Marois, *The Governor's Prevention Partnership*

When:

Thursday, September 14, 2017

Thursday, May 17, 2018

Location: The Partnership Training Facility, 30 Jordan Lane, Wethersfield, CT

Fee for Training: \$49 per person

Registration Deadline: One day before training

ELEMENTS OF EFFECTIVE PRACTICE FOR MENTORING™

STANDARD 2: SCREENING

Careful screening improves the quality of your mentors and helps to ensure the safety of youth involved in your program, while minimizing the level of risk and liability. This training will detail effective practices for screening potential mentors, including interview techniques and background checks.

Participants will be able to:

1. Identify best practices for the screening of mentors
2. Identify and compare appropriate mentor screening tools and resources
3. Identify the key components of a comprehensive criminal background check process

Who Should Attend: School, business, community and faith-based mentoring staff members who are responsible for operating mentor programs and/or training mentors

Facilitator(s):

Rebekah Behan, *The Governor's Prevention Partnership*

Art Mongillo, *The Governor's Prevention Partnership*

When:

Thursday, September 21, 2017

Thursday, May 24, 2018

Location: The Partnership Training Facility, 30 Jordan Lane, Wethersfield, CT

Fee for Training: \$49 per person

Registration Deadline: One day before training

ELEMENTS OF EFFECTIVE PRACTICE FOR MENTORING™

STANDARD 3: TRAINING

Mentor training is a vital component of any successful mentoring program. New mentors are more likely to succeed if they participate in an effective training session to prepare them for their role. Mentors need to understand the scope of their responsibilities, develop skills to be an effective mentor, understand positive youth development and understand the policies and procedures of the program. This training will equip the program staff member with resources needed to conduct mentor trainings.

Participants will be able to:

1. Identify strategies that work for training mentors in an engaging way
2. Apply the principles of adult learning in the training session
3. Develop the sequence of the components needed for mentor trainings
4. Demonstrate the nuts and bolts of delivering an effective two-hour basic mentor training
5. Design effective follow-up training sessions

Who Should Attend: School, business, community and faith-based mentoring staff members who are responsible for operating mentor programs and/or training mentors.

Facilitator(s):

Art Mongillo, *The Governor's Prevention Partnership*

Denise Marois, *The Governor's Prevention Partnership*

When:

Thursday, October 12, 2017 | 9:00 AM – 1:00 PM

Thursday, June 7, 2018 | 9:00 AM – 1:00 PM

Location: The Partnership Training Facility, 30 Jordan Lane, Wethersfield, CT

Fee for Training: \$49 per person

Registration Deadline: One day before training

ELEMENTS OF EFFECTIVE PRACTICE FOR MENTORING™

STANDARD 4: MATCHING & INITIATING

Successfully matching mentors with youth takes preparation. This training will present details on the mentor/mentee match-established criteria and how to best match using strategies that are likely to increase the odds that relationships will endure.

Match monitoring is an essential component of successful mentoring programs and fulfills a variety of needs. Checking in with mentors, mentees, and parents/caregivers on a regular basis is an important tool for risk management and has been found to lead to stronger, longer-lasting relationships. Matches that are monitored and supported are more satisfying and successful, which, in turn, leads to more positive youth outcomes.

Participants will be able to:

1. Define compatibility considerations for program practices
2. Identify criteria for matching and sustaining mentors/mentees
3. Apply cultural competency skills in supporting the mentor, mentees and their families

Who Should Attend: School, business, community and faith-based mentoring staff members who are responsible for operating mentor programs and/or training mentors

Facilitator(s):

Rebekah Behan, *The Governor's Prevention Partnership*
Art Mongillo, *The Governor's Prevention Partnership*

When:

Thursday, October 19, 2017 | 9:00 AM – 1:00 PM
Thursday, June 14, 2018 | 9:00 AM – 1:00 PM

Location: The Partnership Training Facility, 30 Jordan Lane, Wethersfield, CT

Fee for Training: \$49 per person

Registration Deadline: One day before training

ELEMENTS OF EFFECTIVE PRACTICE FOR MENTORING™

STANDARD 5: MONITORING AND SUPPORT

STANDARD 6: CLOSURE

Match monitoring is an essential component of successful mentoring programs and fulfills a variety of needs. Checking in with mentors, mentees, and parents on a regular basis is an important tool for risk management and has been found to lead to stronger, longer lasting relationships. Matches that are monitored and supported are more satisfying and successful, which, in turn, leads to more positive youth outcomes.

Mentoring relationships can end for any number of reasons, including the contracted match duration has ended, one or both participants do not want to continue the match, or there are changes in life circumstances in one or both of the match partner's lives. When the decision has been made to end the formal mentoring relationship, programs should always facilitate the match closure in a way that affirms the contributions of both the mentor and the mentee and end the relationship on a positive note for everyone involved.

Participants will be able to:

1. Describe the purposes of monitoring, support, and closure
2. Apply evidence-based protocol to develop a plan to monitor the mentor relationship
3. Assess the quality of the match from the perspective of both the mentor and mentee
4. Identify prevention and interventions to premature closures
5. Develop closure procedures including guidelines for rematch
6. Demonstrate facilitating the closure process

Who Should Attend: School, business, community and faith-based mentoring staff members who are responsible for operating mentor programs and/or training mentors

Facilitator(s):

Denise Marois, *The Governor's Prevention Partnership*

Art Mongillo, *The Governor's Prevention Partnership*

When:

Thursday, October 26, 2017 | 9:00 AM – 1:00 PM

Thursday, June 21, 2018 | 9:00 AM – 1:00 PM

Location: The Partnership Training Facility, 30 Jordan Lane, Wethersfield, CT

Fee for Training: \$49 per person

Registration Deadline: One day before training

UNDERSTANDING AND ADDRESSING ANXIETY IN YOUNG PEOPLE: TRAIN THE TRAINER

Anxiety is something that we can all experience during difficult situations. For young people, it can be overwhelming and difficult to manage. When mentors and other caring adults understand anxiety, they are better equipped to address the needs of their mentee to help them cope appropriately. This training will provide mentoring coordinators the understanding, tools and resources to better train their mentors in ways that they can support young people.

Participants will be able to:

1. Identify and understand anxiety in young people
2. Recognize how mentors can be most effective in their role when supporting young people with anxiety
3. Adapting new mentor training to identify ways to support youth experiencing anxiety

Who Should Attend: Mentoring Program Coordinators and Staff

Facilitator(s):

Rebekah Behan, *The Governor's Prevention Partnership*
Christine Keys, *Klingberg Family Centers*

When:

Friday, November 3, 2017 | 9:00 AM - 1:00 PM
Tuesday, May 29, 2018 | 9:00 AM - 1:00 PM

Location: Guilford Community Center, 32 Church Street, Guilford, CT

Fee for Training: \$15 per person

Registration Deadline: October 27, 2017

Nov. 28, 2017

Jun. 26, 2018

UNDERSTANDING GENERATIONAL DIFFERENCES: TRAIN THE TRAINER

Evidence suggests that the most common age range for mentors is 35-44. Mentees often identify much younger adults as an ideal mentor. However, younger, less experienced adults can lead to less robust mentoring outcomes. Cross-generational mentoring offers many challenges but also many opportunities. This training will explore the generational gap, its effect on the mentoring relationship, and how generational differences can ultimately lead to healthier, more positive mentoring relationships.

Participants will be able to:

1. Identify and understand generational differences
2. Identify how the world has changed for young people, especially in the area of technology
3. Recognize cross-generational mentoring and how it can be most effective

Who Should Attend: Mentoring Program Coordinators and Staff

Facilitator(s):

Rebekah Behan, *The Governor's Prevention Partnership*

Hannah Granfield, *The Governor's Prevention Partnership*

When:

Tuesday, November 28, 2017 | 9:00 AM - 1:00 PM

Tuesday, June 26, 2018 | 9:00 AM - 1:00 PM

Location: Guilford Community Center, 32 Church Street, Guilford, CT

Fee for Training: \$15 per person

Registration Deadline: November 22, 2017

2018 NATIONAL MENTORING MONTH WEBINAR

January 2018 will mark the 17th year of National Mentoring Month (NMM). Launched in 2002 by MENTOR: The National Mentoring Partnership and the Harvard T. H. Chan School of Public Health, National Mentoring Month focuses national attention on the need for mentoring and how we can work together to increase the number of mentors to help ensure positive outcomes for our youth.

The Governor's Prevention Partnership will provide a toolkit for Mentoring Programs to use this January. The toolkit will contain templates for press materials, engagement guides, and sample social media language, as well as a calendar of campaign action days.

Participants will be able to:

1. Identify elements of The National Mentoring Month toolkit and the way to use it locally in Connecticut
2. Brainstorm ways to promote National Mentoring Month in your own community and be connected throughout Connecticut
3. Create a plan for your mentoring program to promote National Mentoring Month
4. Identify ways to thank mentors throughout the month

Who Should Attend: School, business, community and faith-based mentoring staff members who are responsible for operating mentor programs and/or training mentors.

Facilitator(s):

Hannah Granfield, *The Governor's Prevention Partnership*

When: Friday, December 15, 2017 | 1:00 PM - 2:00 PM

Location: Webinar

Fee for Training: FREE

Registration Deadline: December 11, 2017

MENTORING IN THE AGE OF SOCIAL MEDIA

We are mentoring in a time when social media sites and apps are being developed faster than we can learn them. Teens are spending approximately 9 hours per day online. With the instances of bullying, and constant one-upmanship, it is important that mentors are aware of which social media sites exist, the dangers they can harbor, and how to speak to their mentee about safety, awareness, and respectful engagement with others.

Participants will be able to:

1. Identify today's social media and the current sites and apps that are used
2. Summarize how to talk about social media safety with mentors, mentees, and families
3. Recognize how social media can encourage positive self-esteem

Who Should Attend: School, business, community and faith-based mentoring staff members who are responsible for operating mentor programs and/or training mentors

Facilitator(s):

Denise Marois, *The Governor's Prevention Partnership*

Monique Price-Taylor, *The Governor's Prevention Partnership*

When: February 9, 2018 | 9:00 AM - 1:00 PM

Location: Children's Community Programs of New Haven,
446 Blake Street, New Haven, CT

Fee for Training: \$49 per person

Registration Deadline: February 7, 2018

RACE, ETHNICITY AND CULTURE IN YOUTH MENTORING

Cultural competence is a key factor in enabling mentors to effectively form meaningful and impactful relationships with mentees from cultures other than their own. This workshop will help participants increase their awareness of cultural competency as well as develop strategies and resources that will enable them to provide culturally relevant services to the diverse populations of youth and families receiving mentoring services.

Participants will be able to:

1. Integrate concepts of culture and cultural competence by increasing knowledge of different cultural practices and worldviews
2. Identify strategies and techniques to increase cultural competence
3. Develop resources and activities around cultural competency to incorporate in new mentor training

Who Should Attend: School and community-based mentoring program coordinators and appropriate staff

Facilitator(s):

Art Mongillo, *The Governor's Prevention Partnership*

Aristede Hill, *The Governor's Prevention Partnership*

When: Tuesday, February 27, 2018 | 10:00 AM - 1:00 PM

Location: Burroughs Community Center, 2479 Fairfield Avenue, Bridgeport, CT

Fee for Training: \$49 per person

Registration Deadline: February 23, 2018

THE GUIDE TO MENTORING BOYS AND YOUNG MEN OF COLOR WEBINAR

Is your mentoring program working towards inclusiveness of all? Data shows that boys and young men of color, regardless of socio-economic background, are disproportionately at risk throughout the journey from their youngest years to college and career. MENTOR: The National Mentoring partnership has designed and released the Guide to Mentoring Boys and Young Men of Color. This interactive webinar will introduce mentoring programs to the guide, which serves as a supplement to the fourth edition of *The Elements of Effective Practice for Mentoring*, and includes additional recommended practices focusing on boys and young men of color (BYMOC).

Throughout the webinar we will guide the discussion on how to help move your mentors beyond cultural competence and toward an integration of critical consciousness for both the mentor and the young Black males that they mentor.

Participants will be able to:

1. Summarize strategies provided to mentor boys and young men of color and how these strategies can be easily implemented within your mentoring program
2. Brainstorm ways in which an Element can be strengthened for an agency using this knowledge
3. Identify advanced mentor recruitment techniques

Who Should Attend: School, business, community and faith-based mentoring staff members who are responsible for operating mentor programs and/or training mentors.

Facilitator(s):

Hannah Granfield, *The Governor's Prevention Partnership*

When: Monday, March 12, 2018 | 2:00 PM – 3:00 PM

Location: Webinar

Fee for Training: FREE

Registration Deadline: March 5, 2018

ADVANCED MENTOR RECRUITMENT

Recruiting mentors is one of the greatest challenges facing mentoring programs. Expanding on general practices for mentoring is likely to increase program reach and increase the number of adults willing to mentor. Having targeted recruitment can also increase the likelihood of adult participation. This training will explore advanced recruitment techniques to strengthen already existing recruitment efforts.

Participants will be able to:

1. Identify advanced mentor recruitment techniques
2. Create a more intensive recruitment plan driven by program goals
3. Define credible messaging
4. Describe youth initiated mentoring

Who Should Attend: School, business, community and faith-based mentoring staff members who are responsible for operating mentor programs and/or training mentors.

Facilitator(s):

Rebekah Behan, *The Governor's Prevention Partnership*
Jenna Cappellieri, *Family ReEntry*

When: Thursday, March 15, 2018 | 9:00 AM - 4:00 PM

Location: Burroughs Community Center, 2470 Fairfield Avenue, Bridgeport, CT

Fee for Training: \$49 per person

Registration Deadline: March 12, 2018

GRANT WRITING 101

In light of state and program budgetary woes, it is more important than ever to diversify funding streams to ensure program sustainability. Grant Funding enables programs to continue serving their missions while also potentially building capacity to serve more youth. This workshop will not only highlight the fundamentals of good grant writing, but also impart some useful tips to give you the greatest chance of success.

Participants will be able to:

1. Describe the fundamental elements of a grant proposal such as the objectives, problems addressed, methodology, evaluation and assessments, budget and cover letter
2. Integrate tips for writing an effective and successful grant
3. Determine accurate and realistic financials
4. Examine the essential aspects of fundraising and how to maximize fundraising opportunities

Who Should Attend: School and community-based mentoring program coordinators and appropriate staff.

Facilitator(s):

Jackie Downing, *The Community Foundation for Greater New Haven*
Art Mongillo, *The Governor's Prevention Partnership*

When: Tuesday, April 3, 2018 | 9:00 AM – 12:00 PM

Location: Klingberg Family Centers, 370 Linwood Street, New Britain, CT

Fee for Training: \$20 per person

Registration Deadline: March 30, 2018

MENTORS AS ADVOCATES

Mentors often take on different roles in the lives of their mentees. Besides supporting and building a connection with a young person, a mentor can often serve as an advocate for their mentee. Serving as an advocate for the mentee, mentors take on the role of championing for their mentee, which could include taking on a more challenging task of attesting to the mentee's potential and capabilities, or identifying challenges and overcoming them. This training will equip the mentoring program staff with the direction to lead their mentors in advocacy strategies for mentees.

Participants will be able to:

1. Describe the purposes of advocacy
2. Identify forums in which mentee advocacy is necessary
3. Identify guidelines to advocacy, which include confidentiality
4. Apply cultural competency skills

Who Should Attend: School, business, community and faith-based mentoring staff members who are responsible for operating mentor programs and/or training mentors

Facilitator(s):

Rebekah Behan, *The Governor's Prevention Partnership*

Patricia Nicolari, *Children's Community Programs of Connecticut*

When: Tuesday, April 3, 2018 | 9:00 AM - 4:00 PM

Location: Children's Community Programs of New Haven,
446 Blake Street, New Haven, CT

Fee for Training: \$40 per person

Registration Deadline: March 30, 2018

TRAUMA-INFORMED YOUTH MENTORING

Traumatic experiences can be devastating for a child, affecting behavioral functions like self-control and cognitive functions such as ability to learn and process. As mentors, we often work with youth who have experienced trauma either directly or indirectly. This workshop will help you learn to identify trauma in a child and strategies for mentoring a traumatized child with care and empathy. It also provides a thorough understanding of the profound neurological, biological, psychological and social effects of trauma and violence on a child.

Participants will be able to:

1. Define what it means to experience trauma
2. Recognize ways to interact with a traumatized child with care and empathy
3. Identify symptoms of trauma, and what it means to be trauma-informed
4. Review ways in which a mentor can implement self-care

Who Should Attend: School, business, community and faith-based mentoring staff members who are responsible for operating mentor programs and/or training mentors.

Facilitator(s):

Denise Marois, *The Governor's Prevention Partnership*

Aristede Hill, *The Governor's Prevention Partnership*

When: Friday, April 13, 2018 | 9:00 AM - 1:00 PM

Location: Wallingford Youth Services, 6 Fairfield Boulevard, Wallingford, CT

Fee for Training: \$49 per person

Registration Deadline: April 12, 2018

MENTORING CHILDREN WITH AN INCARCERATED FAMILY MEMBER

The incarceration of a loved one can be overwhelming for a child. Because of the feeling of stigma and loss, it takes special effort to have important conversations and show support to children dealing with this experience. This training will examine the unique challenges and feelings children with incarcerated loved ones face. It will provide understanding of the changes that can take place in a youth's behavior, mental health, and even academics, and will provide insight on how a mentor can offer empathy and support to their mentee.

Participants will be able to:

1. Identify the unique challenges children with incarcerated family members endure
2. Define the social behaviors, mental health, and academic challenges children with incarcerated family members face
3. Identify skills for communicating effectively with a child that has an incarcerated loved one

Who Should Attend: School, business, community and faith-based mentoring staff members who are responsible for operating mentor programs and/or recruiting mentors.

Facilitator(s):

Denise Marois, *The Governor's Prevention Partnership*
Aileen Keays Yeager, *Children with Incarcerated Parents*

When: Tuesday, May 24, 2018 | 9:00 AM - 2:00 PM

Location: Klingberg Family Centers, 370 Linwood Street, New Britain, CT

Fee for Training: \$49 per person

Registration Deadline: May 22, 2018



PREVENTION

“ We want to promote tolerance and get people talking about individual differences - what we are doing challenges people to be ambassadors for others to create a better, more accessible community.”

—Vicki Depres
Special Education Department Chair
Woodstock Academy

On how participating in the school climate series changed her school's perspective on youth with disabilities.

IMPROVE SCHOOL CLIMATE FOR STUDENTS WITH DISABILITIES

Are you looking for a way to address bullying in your school? Come experience the Improve School Climate Training Series where educators can successfully address disability-based bullying and harassment through the recognizing unintentional disability bias, develop strategies to interrupt conscious or unconscious expressions of bias, and being culturally competent to interact with people with disabilities and be familiar with what is regarded as proper language and etiquette.

Learn how to address bullying through the IEP or 504 and create an inclusive learning environment for every student to achieve academic success.

SESSION 1: DISABILITY BIAS AWARENESS TRAINING

In this training you will learn to train on alleviating disability bias in your school. This addresses training on recognizing and alleviating unintentional bias in the school community and supporting students with disabilities in achieving their full potential.

Participants will be able to:

1. Describe disability bias
2. Identify unintentional bias
3. Describe proper disability etiquette and disability positive language
4. Train administrators and school staff on disability bias awareness

SESSION 2: ADDRESSING DISABILITY-BASED BULLYING AND HARASSMENT THROUGH THE IEP OR 504 PLAN

In this training, you will learn to present training on legal obligations for the school, and how to address bullying and harassment (either for initiators or targets) through the IEP or 504 Plan. This prepares you to train Administrators, Teams, and Parents.

Participants will be able to:

1. Explain the laws pertaining to bullying & harassment
2. Describe the legal protections afforded to students with disabilities
3. Describe laws to administrators, PPT teams, and parents on the tools and skills needed to address bullying and harassment through IEP or 504 Plans in their school or organization.
4. Train administrators and school staff on disability bias awareness

Continued on next page.

IMPROVE SCHOOL CLIMATE FOR STUDENTS WITH DISABILITIES (Continued)

SESSION 3: DEVELOPING IN-DEPTH KNOWLEDGE ON DISABILITY BIAS AND ADDRESSING BULLYING AND HARASSMENT THROUGH THE IEP OR 504 PLAN

In the final training, participants will hone the skills learned in the prior trainings through additional opportunities to present content, and discuss training styles and challenges that may arise through the use of in-depth case studies.

Participants will be able to:

1. Apply training skills on disability bias and addressing bullying and harassment through the IEP or 504 Plan
2. Develop a 30/60/90-day goal setting plan for training implementation

Who Should Attend: Parents & other caring adults (relatives, coaches, teachers, etc.) Prevention Professionals, youth development workers, paraprofessionals, behavioral technicians, teachers, principals, special education directors.

Facilitator(s):

Part 1: Melissa Marshall, J.D., *Disability Policy Consultant*

Part 2: Melinda Powell, J.D., *Ford Harrison LLP*

Part 3: Monique Price-Taylor & Kristen Granatek, *The Governor's Prevention Partnership*

When:

Training 1: Disability Bias Awareness Training

Fall: Tuesday, September 26, 2017 | 9:00 AM – 2:30 PM

Spring: Tuesday, March 6, 2018 | 9:00 AM – 2:30 PM

Training 2: Addressing Disability-Based Bullying and Harassment through the IEP or 504 Plan

Fall: Friday, October 13, 2017 | 9:00 AM – 2:30 PM

Spring: Tuesday, March 20, 2018 | 9:00 AM – 2:30 PM

Training 3: Developing In-Depth Knowledge on Disability Bias and Addressing Bullying and Harassment through the IEP or 504 Plan

Fall: Wednesday, October 25, 2017 | 9:00 AM – 2:30 PM

Spring: Tuesday, April 3, 2018 | 9:00 AM – 2:30 PM

Location: Goodwin College, 1 Riverside Drive, East Hartford, CT

Fee for Training: FREE

Registration Deadline:

Fall: September 12, 2017

Spring: February 24, 2018

Oct. 31, 2017

Jan. 23, 2018

Apr. 26, 2018

CURRENT TRENDS IN YOUTH SUBSTANCE USE

Are you looking for information on current trends in alcohol products, prescription drugs, and other street drugs? This workshop highlights emerging patterns in marketing and usage. For effective prevention approaches, stay on the cutting edge of the alcohol and drug trends among today's youth. The discussion of new products and current usage will include a focus on popular culture, social norms, and environment. There will also be an opportunity for networking with others to discuss the successes and challenges you have faced when working in your community.

Participants will be able to:

1. Summarize statewide statistics and implications on underage drinking and substance abuse to understand the magnitude of the issue
2. Recall new drug regulations in Connecticut, addressing marijuana and newer synthetic drugs (K2, bath salts)
3. Identify current and emerging trends in alcohol consumption and marketing, synthetic and street drugs, and prescription drug abuse
4. Recognize warning signs of use
5. Identify prevention strategies

Who Should Attend: Adult advisors for Students Against Destructive Decisions (SADD), youth group advisors, community coalition professionals, concerned adults, law enforcement, school administrators, guidance counselors, youth development workers, school resource officers, mentoring coordinators

Facilitator(s):

October: Kristen Granatek, *The Governor's Prevention Partnership*

January: Monique Price-Taylor, *The Governor's Prevention Partnership*

April: Rachel Ferreira, *The Governor's Prevention Partnership*

When:

Tuesday, October 31, 2017 | 9:00 AM - 12:00 PM

Tuesday, January 23, 2018 | 9:00 AM - 12:00 PM

Thursday, April 26, 2018 | 1:00 PM - 4:00 PM

Location:

October: Burroughs Community Center, 2470 Fairfield Avenue, Bridgeport, CT

January: The Partnership Training Facility, 30 Jordan Lane, Wethersfield, CT

April: United Way of Greater New Haven, 370 James Street, Suite 403, New Haven, CT

Fee for Training: \$20 per person

Registration Deadline: One week before training

Nov. 13, 2017

Mar. 12, 2018

BULLYING 101 WEBINAR

Has your child or someone you know experienced bullying? Join this webinar to gain insight on this prominent issue facing youth. Gain helpful tools and resources for preventing and intervening in these situations. Learn the facts so you can know how to guide and support your child.

Participants will be able to:

1. Define the difference between conflict, bullying and harassment
2. Identify the schools' responsibilities, as well as parent roles, under the revised Connecticut anti-bullying law
3. Provide specific guidance for addressing cyber bullying

Who Should Attend: Parents & other caring adults (relatives, coaches, teachers, etc.) prevention professionals, service providers, educators, etc.

Facilitator(s):

Monique Price-Taylor, *The Governor's Prevention Partnership*
Kristen Granatek, *The Governor's Prevention Partnership*

When:

Monday, November 13, 2017 | 3:00 PM – 4:00 PM
Monday, March 12, 2018 | 3:00 PM – 4:00 PM

Location: Webinar

Fee for Training: FREE

Registration Deadline: March 10, 2018

A PARENT'S GUIDE TO PREVENTION OF PRESCRIPTION DRUG ABUSE WEBINAR

Are you unsure of how to start conversations with your teen about prescription drug abuse? This FREE community education webinar will help parents and other caring adults to identify signs of prescription drug misuse or abuse, while also teaching them how to start conversations and provide helpful tools and resources for prescription medicine abuse prevention and early intervention with teens.

Participants will be able to:

1. Discuss the growing problem of prescription drug abuse in Connecticut
2. Outline how best to communicate the facts and risks of prescription drug abuse in addition to tips on safeguarding medicine
3. List useful resources for teens that are misusing or abusing prescription drugs

Who Should Attend: Parents and guardians of youth under the age of 18 and other caring adults, prevention professionals, educators, service providers, etc.

Facilitator(s):

Rachel Ferreira, *The Governor's Prevention Partnership*

Kristen Granatek, *The Governor's Prevention Partnership*

When:

Tuesday, November 14, 2017 | 1:00 PM - 2:00 PM

Wednesday, February 21, 2018 | 1:00 PM - 2:00 PM

Location: Webinar

Fee for Training: FREE

Registration Deadline:

Fall: November 14, 2017 | 1:00 PM EST

Spring: February 21, 2018 | 1:00 PM EST

A PARENT'S GUIDE TO PREVENTION OF UNDERAGE DRINKING WEBINAR

Unsure of how to start conversations with your teen about alcohol use? With alcohol still as the number one substance used by our youth in Connecticut, The Governor's Prevention Partnership invites parents and other caregivers to a webinar to learn about current alcohol trends and prevention strategies for underage drinking.

Participants will be able to:

1. Identify how best to communicate the facts and risks of alcohol to youth
2. Distinguish current alcohol trends in Connecticut and local data
3. Outline effective conversation techniques for preventing underage drinking in our youth

Who Should Attend: Parents and guardians of youth under the age of 18 and other caring adults, prevention professionals, educators, service providers, etc.

Facilitator(s):

Rachel Ferreira, *The Governor's Prevention Partnership*
Kristen Granatek, *The Governor's Prevention Partnership*

When:

Tuesday, November 28, 2017 | 1:00 PM – 2:00 PM

Tuesday, February 27, 2018 | 1:00 PM – 2:00 PM

Location: Webinar

Fee for Training: FREE

Registration Deadline:

Fall: November 27, 2017 | 1:00 PM EST

Spring: February 26, 2018 | 1:00 PM EST

PREVENTING BULLYING AND HARASSMENT OF LGBT YOUTH WEBINAR

Eight out of ten Lesbian, Gay, Bisexual, Transgender youth reported being verbally harassed in school. Four out of ten report having been physically harassed. Identify the best ways to work together to ensure access and a positive experience. National expert on sexual minority youth and families, Robin McHaelen and human rights attorney Alix Simonetti will lead the conversation and provide invaluable information.

By joining this webinar, participants will be exposed to the framework of gender, expression and orientation, learning the definitions of bullying and harassment, gain an understanding of school responsibilities under the laws and where to turn when additional resources are necessary.

Participants will be able to:

1. Demonstrate an understanding of the difference between of bullying and harassment
2. Demonstrate an understanding of the dynamics of bullying of LGBT youth
3. Identify responsibilities that the school has in dealing with a report of bullying
4. Identify resources for parents of LGBT youth who are experiencing bullying in their school or community

Who Should Attend: Teachers, administrators and other school staff; mentors and mentoring coordinators; parents and other caring adults; school resource officers; youth development workers.

Facilitator(s):

Kristen Granatek, *The Governor's Prevention Partnership*

Alix Simonetti, Human Rights Attorney, *Commission on Human Rights and Opportunities*

Robin McHaelen, Executive Director, *True Colors*

When:

Monday, December 4, 2017 | 3:00 PM – 4:00 PM

Wednesday, April 25, 2018 | 3:00 PM – 4:00 PM

Location: Webinar

Fee for Training: FREE

Registration Deadline: 2 days before training

NOT JUST A LITTLE WEED: MARIJUANA IN THE AGE OF LEGALIZATION

Want to learn more about the marijuana of today? Marijuana is the second most commonly used drug by youth in Connecticut: 7.0% of youth have tried marijuana for the first time before the age of 13 and 42.1% of youth have used marijuana one or more times during their life. This FREE training will address the effects of marijuana use on our youth, including the difference between today's marijuana and that of a generation ago. Training will cover the laws related to decriminalization and medical marijuana. It will also address questions around the potential for legalization of marijuana for recreational use in Connecticut and the potential negative impact this would have on our youth. Join us for this informative interactive session and learn helpful tools and resources to prevent marijuana use in our youth.

Participants will be able to:

1. Summarize current marijuana use in Connecticut youth, including rates of use
2. Identify the various forms of marijuana current used by youth
3. Participants will increase their understanding of the effects of marijuana use by youth, including effects on the developing brain, physical effects, and mental health effects
4. Describe the various laws in Connecticut and be able to differentiate between decriminalization and legalization for recreational and medical use
5. Demonstrate increased understanding of prevention strategies for marijuana use

Who Should Attend: Adult advisors for Students Against Destructive Decisions (SADD), youth group advisors, community coalition professionals, concerned adults, law enforcement, school administrators, guidance counselors.

Facilitator(s):

Kristen Granatek, *The Governor's Prevention Partnership*
Rachel Ferreira, *The Governor's Prevention Partnership*

When:

Tuesday, December 19, 2017 | 1:00 PM – 4:00 PM
Tuesday, May 8, 2018 | 1:00 PM – 4:00 PM

Location:

December: CT Clearinghouse, 334 Farmington Avenue, Plainville, CT
May: United Way of Greater New Haven, 370 James Street, Suite 403, New Haven, CT

Fee for Training: FREE

Registration Deadline: One week before training

OUR PEOPLE

Kristen Granatek, *Director of Prevention Initiatives*

Kristen Granatek, Director of Prevention Initiatives, joined The Governor's Prevention Partnership in May 2015. She has more than 15 years of human services experience, including more than 10 years managing diverse programs. Prior to joining The Partnership, Kristen was with Connecticut Coalition to End Homelessness, providing technical assistance and capacity building support to homeless services providers, and leading the organization's efforts to end youth homelessness. Kristen has spent much of her career as a service provider. She oversaw the operations of several programs, including a shelter and street outreach program for runaway and homeless youth, sexual assault crisis services, and residential programs. During her career, Kristen has worked with many different populations but found that working with kids is where her heart is. She has a Master's in Rehabilitation Counseling from Syracuse University and her BS from Eastern CT State University.

Hannah Granfield, *Director of Mentoring Services*

Hannah Granfield holds a Bachelor of Science Degree in Exercise Science and Health Promotion and has been with The Partnership since 2014, first as Program Manager overseeing the Juvenile Justice Mentoring Network. Under Hannah's direction, the network realized the highest utilization of the program in 2016 and increased mentor recruitment by 100%. She presented at the 2016 National Mentoring Summit on the topic of Juvenile Justice mentoring in partnership with CSSD monitoring staff. She currently serves on MENTOR: The National Mentoring Partnership collaborative webinar series task group and on Connecticut's Juvenile Justice Policy Oversight Committee's diversion task force. Hannah became the Director of Mentoring Services in 2016.

Rebekah Behan, *Program Manager, Training and Technical Assistance*

Rebekah Behan holds a Bachelor of Science degree in Child and Youth Psychology and joined The Partnership in January 2017. Prior to that she was the Youth Services Coordinator at Klingberg Family Centers, with an extensive background in youth development, prevention strategies, and mentoring services. She was a devoted contributor to the local interagency services team throughout New Britain, and the provider co-chair of the Greater New Britain Community Collaborative. She has a background in residential treatment, therapeutic afterschool care, and community-based services. She came to The Partnership to provide oversight to the Juvenile Justice Mentoring Network as well as the federally funded Mentoring NOW project as a former local mentoring provider for the New Britain Juvenile Court District for the past 5 years.

Rachel Ferreira, *Program Manager, Prevention Services and Partnerships*

Rachel Ferreira, is the Program Manager of Prevention Services and Partnerships with The Governor's Prevention Partnership. She was formerly an intern with the The Partnership working with the mentoring team to create a comprehensive and universal reporting structure for their Juvenile Justice Mentoring Programs, using her background in evaluation and data management. She also spent time working with Camilliere, Kennedy and Cloud and gained insight about state government and relationship building, and client networking. She is an alumni from The University of Connecticut at Storrs, and graduated with a Bachelor's of Science Research in Psychological Sciences and a dual concentration in Political Science and Spanish. Rachel is tri-lingual, speaking English, Spanish, and Portuguese.

Art Mongillo, *Program Manager, Community Engagement*

Art has been with The Partnership since 2015. He maps, convenes and facilitates collaboratives of community-based mentoring programs in Connecticut's major urban areas (New Haven, Bridgeport, Stamford, Hartford, New London) as well as provides training and technical assistance to these programs so they can serve more youth. Additionally, he provides support to programs that are part of the Quality Mentoring Assessment Path (QMAP) initiative, a comprehensive process for assessing the quality of the components and practices that create an effective youth mentoring program, with an emphasis on driving programs to become more safe, sustainable, responsible, and effective. Art also provides program support for the MentorCore Data Management System, which enables programs to streamline and track mentor/mentee progress, family engagement, case management and youth outcomes. He received his Bachelor's degree in Communications from Quinnipiac University.

Monique Price-Taylor, Program Manager, Peer-to-Peer Prevention Initiatives

Monique Price-Taylor, M.S. is the Program Manager for the Peer-to-Peer Prevention Initiatives with The Governor's Prevention Partnership. She has extensive knowledge in the nonprofit sector through her involvement with the Boys & Girls Clubs of Hartford, Inc. for over 15 years. She is an educator and has worked in the Hartford Public School system as a Behavior Technician. She is an expert on youth development strategies and how to implement and execute them within your organization to elevate and amplify youth voice. She serves on the Board of Directors for the Foundation for Educational Opportunities, Inc. and is a National Trainer with the Boys & Girls Clubs of America on Family Plus engagement. She is a graduate of Central Connecticut State University with a Masters in Counseling with a specialization in Student Development in Higher Education. She received her Bachelor's degree from Eastern Connecticut State University in Communications.

Aristede Hill, Program Supervisor, EdCorpsCT

Aristede Hill holds a Bachelor of Science degree in Human Services from Springfield College and joined The Partnership in September 2016. Prior to that he was an Educational Advocate and a Clinician for Forensic Health Services in Hartford, Connecticut and provided group, individual and family treatment interventions on an outpatient basis in Greater Hartford Connecticut. The primary mode of intervention is group work with individual sessions to reinforce skill learned in groups, along with family services. Structured groups are provided using Motivational Enhancement Therapy, Cognitive Behavioral Therapy. Aristede came to oversee The Partnership's EdCorpsCT /AmeriCorps members who will mentor and support 90 chronically tardy, absent, and behaviorally-referred 3rd through 8th grade students at the Simpson-Waverly School in Hartford, Connecticut in improving their school attendance and engagement.

Denise Marois, Program Coordinator, School-Based Initiatives

Denise Marois came to the Partnership in 2016 with her Master of Social Work degree in public policy. Prior to working at The Partnership, she served as the co-chair of the Macro Social Work CT Steering Committee through the Connecticut Chapter of the National Association of Social Workers. She worked for four years at The Children's Center of Hamden's Whitney Hall School as an administrative coordinator, working with treatment teams and school staff to implement school policy and reform. Throughout her graduate studies, Denise worked primarily with incarcerated individuals, interning at the Department of Correction and then The Institute for Municipal and Regional Policy's Children with Incarcerated Parents Initiative. In her current role, Denise works with school-based mentoring programs throughout the state to provide training and technical assistance as well as program coordination and evaluation.



2017-2018 TRAINING GUIDE

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