

LEARNING THE ABCS OF BAC

WHAT IS BAC?

Blood Alcohol Content is the amount of alcohol that is in a person's body



Legal driving **BAC** Level for ages 21 and over

DOES THE TYPE OF ALCOHOL I DRINK AFFECT MY BAC?

No. Alcohol is alcohol



1 oz of liquor



5 oz glass of wine



12 oz beer

= **ONE DRINK**

WHAT AFFECTS MY BAC?



The faster you drink, the higher your BAC because the alcohol is absorbed into the blood stream at a faster pace.

The more you drink, the higher your BAC.



Other drugs do not affect your BAC but will make you more impaired and affect your brain and body in a potentially fatal way.

BUT IF I ONLY HAVE ONE DRINK, CAN I DRIVE?

Alcohol is **ILLEGAL FOR ANYONE UNDER THE AGE OF 21**. You can be charged with possession if you drink any amount of alcohol.

Your driving ability is impacted after one drink. **CT HAS ZERO TOLERANCE FOR MINORS**. This means that you are prohibited from operating a vehicle if your BAC is higher than a .02.



21+

